

**UNIVERSITY OF PERPETUAL HELP SYSTEM**  
**COLLEGE OF EDUCATION**  
**PROPOSED BACHELOR OF PHYSICAL EDUCATION (BF**  
**Curriculum Year 2018-2019**

**FIRST YEAR**

<u>1st Semester</u>		<b>HOL</b>
<b>Code</b>	<b>Course</b>	<b>LEC</b>
GEC 100	Understanding the Self	3
GEC 400	Purposive Comunication	3
GEC 500	Mathematics in the Modern World	3
EDUC 1101	The Child and Adolescent Learner and Learning Principles	3
EDUC 1102	The Teaching Profession	3
BPEd 1101	Philosophical and Socio-Anthropological Foundations of Physical Education and Sports	3
PE 100	Foundations of Physical Education	2
NSTP 100	National Service Training Program 1	3
FCL 100	The Perpetualite: Identity and Dignity	2
	<b>sub-total</b>	<b>25</b>
<b>TOTAL ACADEMIC UNITS</b>		<b>25</b>

<u>2nd Semester</u>		<b>HOL</b>
<b>Code</b>	<b>Course</b>	<b>LEC</b>
GEC 600	The Contemporary World	3
GEC 700	Readings in Philippine History	3
GEC 800	Science, Technology, and Society	3
EDUC 1203	Technology for Teaching and Learning 1	3
EDUC 1204	Foundation of Special and Inclusive Education	3
BPEd 1202	Personal, Community, and Environmental Health	3
PE 200	Rhythmic Activities	2
NSTP 200	National Service Training Program 2	3
FCL 200	The Perpetualite: A Man of God	2
	<b>sub-total</b>	<b>25</b>
<b>TOTAL ACADEMIC UNITS</b>		<b>25</b>

## SECOND YEAR

<u>1st Semester</u>		HOL	
Code	Course	LEC	
GEC 200	Ethics	3	
GEE 100	Environmental Science	3	
GEE 200	The Entrepreneurial Mind	3	
FIL 100	Komunikasyon sa Akademikong Filipino	3	
EDUC 2105	The Teacher and the Community, School Cultur, and Organizational Leadership	3	
EDUC 2106	Assessment in Learning 1	3	
BPEd 2103	Anatomy and Physiology of Human Movement	3	
BPEd 2104	Physiology of Exercise and Physical Activity	3	
PE 300	Individual/Dual Sports	2	
FCL 300	The Perpetualite: Called to Perfection	2	
		<b>sub-total</b>	<b>28</b>
<b>TOTAL ACADEMIC UNITS</b>			<b>28</b>

<u>2nd Semester</u>		HOL	
Code	Course	LEC	
RIZ 100	Life and Works of Rizal	3	
GEE 300	Great Books	3	
GEC 300	Art Appreciation	3	
EDUC 2207	Facilitating Learner-Centered Teaching	3	
EDUC 2208	Assessment in Learning 2	3	
BPEd 2205	Philippine Traditional Games	3	
BPEd 2206	Principles of Motor Control and Learning of Exercise, Sports, and Dance	3	
BPEd 2207	Individual and Dual Sports (Racket Sports, Athletics, and Martial Arts)	3	
PE 400	Team Sports	2	
FCL 400	The Perpetualite: A Man for Others	2	
		<b>sub-total</b>	<b>28</b>
<b>TOTAL ACADEMIC UNITS</b>			<b>28</b>

## THIRD YEAR

<u>1st Semester</u>		HOL
Code	Course	LEC
FIL 200	Pagbasa at Pagsulat Tungo sa Pananaliksik	3
EDUC 3109	The Teacher and the School Curriculum	3
EDUC 3110	Building and Enhancing New Literacies Across the Curriculum	3
BPEd 3108	Applied Motor Control and Learning of Exercise, Sports, and Dance	3
BPEd 3109	Curriculum and Assessment for Physical Education and Health Education	3
BPEd 3110	Movement Education	3
BPEd 3111	Philippine Traditional Dances	3
BPEd 3112	Coordinated School Health Education Program	3
BPEd 3113	Team Sports (Soccer, Basketball, Volleybal, and Softball, Non-traditional: Ultimate Handball, Floorball, Futsal)	3
ELEC 100	Music in the K-12 Curriculum	3
FCL 500	The Perpetualite: A Filipino Christian Leader	2
		<b>sub-total</b>
<b>TOTAL ACADEMIC UNITS</b>		<b>32</b>

<u>2nd Semester</u>		HOL
Code	Course	LEC
FIL 300	Kontekstwalisadong Komunikasyon sa Filipino	3
BPEd 3214	Research (Reseach in Education 1)	3
BPEd 3215	International Dance and Other Forms	3
BPEd 3216	Swimming and Aquatics	3
BPEd 3217	Emergency Preparedness and Safety Management	3
BPEd 3218	Process of Teaching Physical Education and Health Education	3
BPEd 3219	Drug Education, Consumer Health Education, and Healthy Eating	3
BPEd 3220	Sports and Exercise Psychology	3
ELEC 200	Administration and Management of Physical Education and Health Education Programs	3
BPEd 4121	Technology for Teaching and Learning 2	3
FCL 600	The Perpetualite: A Minister of Life	2
		<b>sub-total</b>
<b>TOTAL ACADEMIC UNITS</b>		<b>32</b>

## FOURTH YEAR

<u>1st Semester</u>		HOL
Code	Course	LEC
EDUC 4111	Special Topics 1	3
EDUC 4112	Special Topics 2	3
EDUC 4113	Research in Education 2	3

FS 100	Field Study 1		3
FS 200	Field Study 2		3
FCL 700	The Perpetualite: A Character and Nation Builder		2
		<b>sub-total</b>	<b>17</b>
	<b>TOTAL ACADEMIC UNITS</b>		<b>17</b>

<u>2nd Semester</u>			<b>HOL</b>
<b>Code</b>	<b>Course</b>		<b>LEC</b>
EDUC 4214	Teaching Internship		9
FCL 800	The Perpetualite: A Helper of God		2
		<b>sub-total</b>	<b>11</b>
	<b>TOTAL ACADEMIC UNITS</b>		<b>11</b>

**Total Academic Units for Program BACHELOR OF PHYSICAL EDUCATION 198; Lecture Units = 198, Lab unit:**

Prepared by:

**SHIELLO R. AMIHAN, Ph.D.**  
Dean, College of Education Calamba

**EMERLYN E. MANAGUAS, Ph.D.**  
Dean, College of Education Las Piñas

**MYRA A. MARAÑA**  
University Registrar UPHSD - CALAMBA

**AIDA C. REGACHO**  
University Registrar UPHSD - LAS PIÑAS

# I DALTA

## Ed) CURRICULUM

JRS	UNITS			PRE-REQUISITE
	LAB	LEC	LAB	
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	2	0		
0	3	0		
0	2	0		
0	25	0		

JRS	UNITS			PRE-REQUISITE
	LAB	LEC	LAB	
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	2	0		
0	3	0	NSTP 100	
0	2	0	FCL 100	
0	25	0		

JRS	UNITS			PRE-REQUISITE
	LAB	LEC	LAB	
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	2	0		
0	2	0	FCL 100	
<b>0</b>	<b>28</b>	<b>0</b>		

JRS	UNITS			PRE-REQUISITE
	LAB	LEC	LAB	
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0	EDUC 2106	
0	3	0		
0	3	0		
0	3	0		
0	2	0		
0	2	0	FCL 100	
<b>0</b>	<b>28</b>	<b>0</b>		

JRS	UNITS			PRE-REQUISITE
	LAB	LEC	LAB	
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	2	0	FCL 100	
<b>0</b>	<b>32</b>	<b>0</b>		

JRS	UNITS			PRE-REQUISITE
	LAB	LEC	LAB	
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0		
0	3	0	EDUC 1203	
0	2	0	FCL 100	
<b>0</b>	<b>32</b>	<b>0</b>		

JRS	UNITS			PRE-REQUISITE
	LAB	LEC	LAB	
0	3	0		
0	3	0		
0	3	0	BPEd 3214	

0	3	0	
0	3	0	
0	2	0	FCL 100
<b>0</b>	<b>17</b>	<b>0</b>	

<b>JRS</b>	<b>UNITS</b>		<b>PRE-REQUISITE</b>
<b>LAB</b>	<b>LEC</b>	<b>LAB</b>	
0	9	0	
0	2	0	FCL 100
<b>0</b>	<b>11</b>	<b>0</b>	

**s = 0**

**DON VICENTE C. REAL, Ed.D.**  
Dean, College of Education Molino

**RHODA P. DE LEON**  
University Registrar UPHSD - MOLINO