



COMMUNITY EXTENSION SERVICES

6th *Pasko sa Pebrero*

U-WEEK 2023

February 17, 2023/1:00pm – 5:00pm/UPHSD-NCB Rooms 119-123 and 126

NARRATIVE REPORT

One of the celebrations of the University Week is the Pasko sa Pebrero, an annual activity for the partner communities of the institution. This year, the celebration was on February 17, 2023, various colleges participated in this activity, namely: College of Law, Computer Studies, Maritime Education, Education, Nursing, Respiratory Therapy, Physical Therapy, Occupational Therapy, Radiologic Technology, Junior High School, and Senior High School. Each college conducted seminars prior to the Mickey Mouse exchange of goods, gently used clothing and other items.

The College of Respiratory Therapy conducted the seminar titled "Baga ay Alagaan, TB ay Iwasan". It was attended by the residents of Guijo Compound, SAMABIDA, Inc., Pamplona 3, Las Piñas City.

Speakers of this seminar are Ms. Noreen Simbol, Alumna and Mr. Ronnie Cajigal, CES Coordinator and Faculty Member of the College of Respiratory Therapy. There were seven (7) student volunteers, namely Joshua Alegre, Blessie Indonilla, Alliah Villanueva, Ashareen Hassan, Mariel Paras, Evanne de Yro, and Sofia Gamboa.

"Baga ay Alagaan, TB ay Iwasan" focused on how to protect our lungs, how to keep our lungs healthy, and some tips to stay healthy from patients with respiratory diseases.



COMMUNITY EXTENSION SERVICES

COLLEGE OF RESPIRATORY THERAPY

LIST OF PARTICIPANTS

Faculty and Student Volunteers

RESPIRATORY THERAPY		
1	Dr. Davie Regalario	Dean, College of RT
2	Joshua Alegre	President – RTSC
3	Sofia Crisandra Gamboa	Vice President – RTSC
4	Phoemela Mariel S. Paras	Secretary – RTSC
5	Ashareen Hassan	PRO – RTSC
6	Alliah N. Villanueva	Auditor – RTSC
7	Louise Marianne D. Veloso	BSRT
8	Noreen Subol	Facilitator
9	Ronnie Cajigal	CES Coordinator
10	Evanne Reigne F. De Yro	BSRT
11	Blessie Indonilla	BSRT



COMMUNITY EXTENSION SERVICES

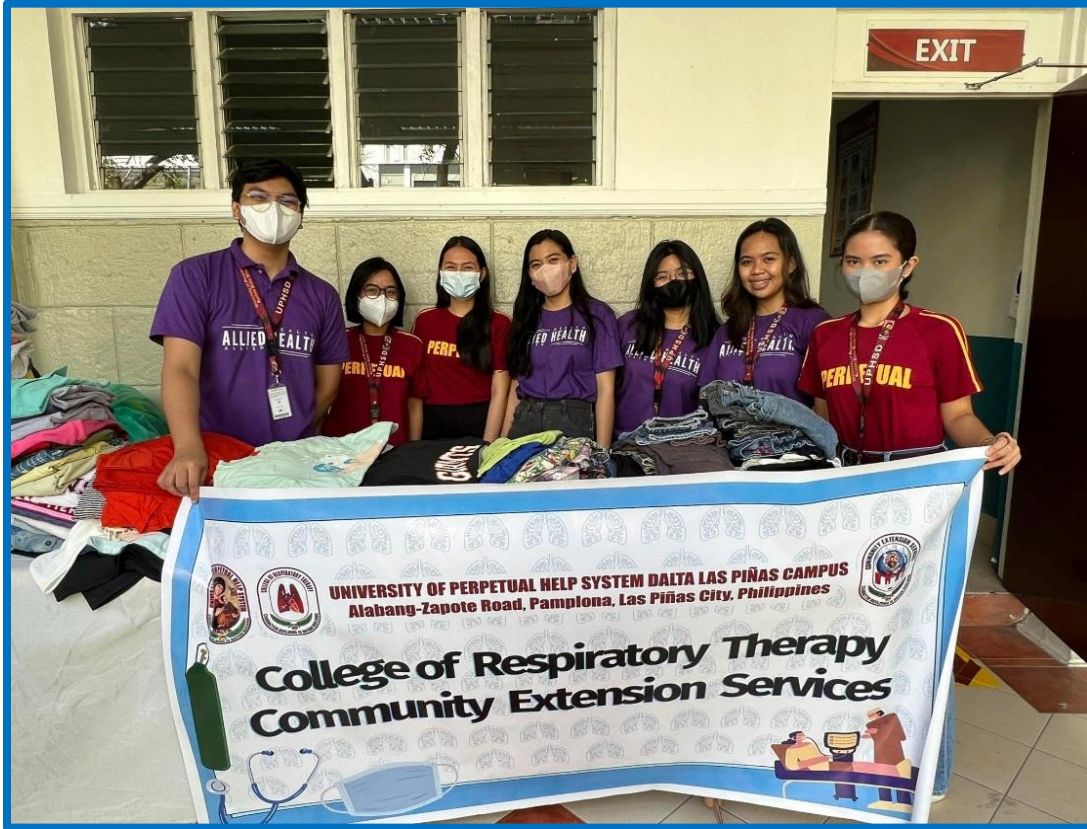


Photo opportunity of the student-volunteers, namely:
Joshua Alegre, Blessie Indonilla, Alliah Villanueva,
Ashareen Hassan, Mariel Paras, Evanne De
Yro and Sofia Gamboa.



COMMUNITY EXTENSION SERVICES

**PART 1
DISTRIBUTION OF SLIGHTLY USED CLOTHES**



Each recipient has their Mickey Mouse Money to trade for each item.

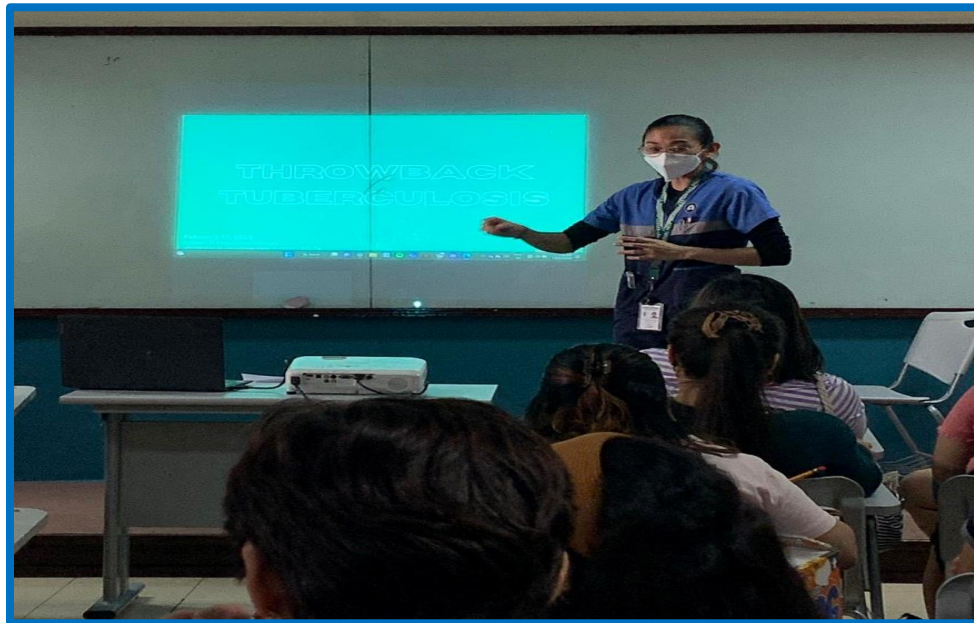


COMMUNITY EXTENSION SERVICES

PART 2 - SEMINAR



“BAGA AY ALAGAAN, TB AY IWASAN”



Speaker Alumna Ms. Noreen Simbol discussed ways on how to protect our lungs and to keep our lungs healthy.



COMMUNITY EXTENSION SERVICES



**Beneficiaries from the community
listened attentively to the speaker.**



**Mr. Ronnie Cajjigal gave some tips to stay healthy
from patients with a respiratory condition.**